



ALCOHOL, DRUG & MENTAL HEALTH SERVICES
CAROL BURTON, LMSW, INTERIM DIRECTOR



WELLNESS • RECOVERY • RESILIENCE

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MHSA STAKEHOLDER GROUP

Friday May 25, 2018

2:00-4:00pm

2000 Embarcadero Cove, Oakland

Alvarado Niles Conference Room – 5th Floor

To participate by phone, dial-in to this number: (605) 475-4834

Participant access code: 102839

MISSION	VALUE STATEMENT	FUNCTIONS
<i>The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.</i>	<i>We maintain a focus on the people served, while working together with openness and mutual respect.</i>	<p>The MHSA Stakeholder Group:</p> <ul style="list-style-type: none"> • <i>Reviews</i> the effectiveness of MHSA strategies • <i>Recommends</i> current and future funding priorities • <i>Consults</i> with BHCS and the community on promising approaches that have potential for transforming the mental health systems of care • <i>Communicates</i> with BHCS and relevant mental health constituencies.

MEETING WILL START AT 2:00 PM

Welcome & Announcements	(2:00 - 2:15 pm)
Design Team Alliance (DTA) Agreements	(2:15 - 2:45 pm)
MHSA Audit & Reversion Plan	(2:45- 3:30 pm)
Stakeholders Engagement in Innovations	(3:30 – 4:00 pm)

Next Meeting: June 22, 2018

Attached Documents:

1. MHSA Designed Team Alliance (DTA)
2. MHSA Audit & Reversion Plan PPT
3. Stakeholders Engagement in Innovations
4. MHSA Stakeholder Group Meeting Notes (4/27/18)

MHSA Stakeholder Group

DESIGNED TEAM ALLIANCE (3/24/17)

What is the Desired Atmosphere or Culture of MHSA Stakeholder Group?	
Informed	Feeling of Safety
Emotionally supportive	Probing
Collaborative	Effective
Honest	Reflective
Productive	Critically Thinking
Warm	Instructive
Engaged	
In order to Thrive, how do we want to be in the MHSA Stakeholder Group?	
Trust	People able to listen to different perspectives
Accepting/open to ideas of others	Strategic
Diversity matters	Taking responsibility
Open/inclusive	Mutual respect
How do we deal with Conflict or Difficulty when it arises within the MHSA Stakeholder Group?	
Assume good intent	Being ok with conflict- not try to fix it
Accept different perspectives	Listening
Being patient, don't interrupt	Agree to disagree & move on w/ what we agree on
Trying to find the "lowest common denominator" and move forward	Where there are disparities, be able to call them out "Name it"

DESIGN LEADERSHIP ALLIANCE

What do Stakeholders need from Group Leaders (Tracy/ Linda)?	
Responsive	Transparency
Follow through	Concrete goals
To be informed	Purpose
Clear expectations for effective participation	Respecting timelines
To feel like there are “No dumb questions”	Meeting reminders
Explain Acronyms (provide Acronym dictionary)	Refreshments
Be a resource	Outlook invites
Provide MHSA meeting minutes	Hard copies of Agenda/Materials mailed
Provide handouts	Sensitivity
Help committee be better informed about challenges, priorities and responsibilities	
What do Group Leaders Need from the Stakeholders?	
Agenda respect	Be responsive
Respect time	Helping w/ community connection
Start at 2 p.m.	Understanding Linda & Tracy don't have full decision-making power
“Step in, Step Out”	



MENTAL HEALTH SERVICES ACT FY 2018 – 2020 REVERSION PLAN

**MHSA Stakeholder Group
March 23, 2018**

MHSA Background



The Mental Health Services Act (MHSA) provides funding for mental health services by imposing a 1% tax on personal income over one million dollars.

MHSA legislation requires local Counties to revert (return) funds to the State that have not been spent within the required 3-year time frame for the primary MHSA programs.

To-date, the California Department of Health Care Services (DHCS) has not developed a process to recover these funds; this has led to Counties holding a total of over \$230 million subject to reversion.



MHSA Audit Findings for Alameda County



- **No** Community Services and Supports (CSS) or Prevention and Early Intervention (PEI) funds are subject to reversion as of the end of FY 15/16.
 - 5 million in Innovation (INN) funds
 - 7.5 million in Capital Facilities & Technology (CFTN) funds

Information on Alameda's Plan to spend these funds was out for 30 day Public Comment between April 13th-May 13th: <http://www.acbhcs.org/announcement/>

- Complied with MHSA legal requirements regarding allocation of their MHSA funding.
- Appropriate payment controls are in place for vendor invoices and grantee disbursements.
- Finding for Alameda to develop and implement MHSA monitoring guidelines as a result of not being able to document monitoring data for 4 out of 10 MHSA programs that were reviewed.
 - New monitoring guidelines will be in effect in FY 18/19



MHSA FY 15/16 Fund Balance (in millions)

CSS	PEI	INN	WET	CFTN	Prudent Reserve	Interest	Total
\$49.49	\$11.45	9.02	\$2.93	\$9.9	\$18.1	3.9	\$104.74

Items to note:

- The data in the table above is from FY 15/16.
- Not all of the funds in this table are available for current spending.
- The interest component above has been allocated to currently funded programs.
- The WET component above will be spent down by the end of FY 17/18.
- There are multiple new INN projects in development to spend down the INN component.
- The CSS and PEI funds are being used to offset the current MHSA allocation as the current MHSA budget is higher than the annual MHSA allocation.



Assembly Bill (AB) 114 Background



- Due to the lack of guidance on amounts subject to reversion and a process to revert funds, a one-time legislation (AB 114) was enacted on July 10, 2017.
- The bill amended certain Welfare and Institutions Code (WIC) Sections related to the reversion of MHSA funds.
- Funds subject to reversion as of July 1, 2017, were **deemed to have been reverted and reallocated to the county of origin for the purposes for which they were originally allocated**. These funds are from FY 05-06 through FY 14-15 and need to be spend by June 30, 2020.
- For funds moving forward the DHCS will develop reversion guidelines (expected 2019).



MHSA Reversion Amounts

As of April 5, 2018 Alameda County, in conjunction with DHCS, has identified the following funds that were subject to reversion as of July 1, 2017.

Component	Fund Amounts	From Fiscal Year
Workforce Development and Training (WET)	\$1,571,685	FY 06/07
Innovation (INN)	\$5,013,354	FY 08/09 FY 09/10 FY 10/11
Capital Facilities and Technology (CFTN)	\$7,530,171	FY 07/08



No Community Services and Supports (CSS) or Prevention and Early Intervention (PEI) funds are subject to reversion as of the end of FY 14/15.

Spending Plan for Funding subject to AB 114



Workforce Education and Training (WET): The reverted funds under WET will be applied to FY 17/18 as listed in Alameda's MHSA FY 18-20 Three Year Plan

- Workforce Staffing
- Consumer & Family Training, Education and Employment
- BHCS Training Institute
- Educational Pathways/Pipeline College Projects
- Financial Incentives Program



Spending Plan for Funding subject to AB 114



- **Capital Facilities & Technology (CFTN):** The reverted funds under CFTN will be applied to FY 17/18-FY 19/20 as listed in Alameda's MHSA FY 18-20 Three Year Plan
- Facility Renovation projects
- Technology projects
 - Web-based dashboards
 - County Equipment and Software
 - Behavioral Health Management Systems



Spending Plan for Funding subject to AB 114



Innovation (INN): The reverted funds under INN will be applied to FY 17/18-FY 19/20 as listed in Alameda's MHSA INN Plan.

The INN Plan was posted with the AB 114 Reversion Plan from April 13th to May 13th for public comment.

There are four new INN projects being proposed based on the recent Community Input Process where the following themes emerged as areas for Alameda to provide increased attention and innovation:

- Community Violence and Trauma;
- The need for increased and alternative Crisis Services, and
- Substance Use among the SMI and SED population.



MHSA Stakeholder Group

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Stakeholder Engagement in Innovation (INN) Planning Process

FY 2019 – 2023 INN Proposals

June 25th Public Comment Opportunity: at BOS Health Committee

INN Subcommittee

- *Reviews* effectiveness of INN Projects
- *Participates* on INN Project Evaluations Subcommittee
- *Communicates* with BHCS and mental health constituencies regarding INN projects

New INN Proposals

- *Review* FY2017 Community Input on INN
- *Consults* with BHCS and the community on promising approaches that have potential for transforming the mental health systems of care
- *Recommends* funding priorities for INN projects
- *Communicates* with BHCS and relevant mental health constituencies

Alameda County Mental Health Services Act Stakeholder's Meeting
April 27, 2018 • 2:00 pm - 4:00 pm
Alvarado Niles Room, 2000 Embarcadero Cove, Suite 400, Oakland, CA 94606

Meeting called to order by Chair **Linda Leung Flores**

Present Representatives: Viveca Bradley (POCC), Margot Dashiell (AC Family Coalition), Julia Egan (Telecare- Morton Bakar), Alane Friedrich (Mental Health Board), Sreyneang Lim (CERI), Elaine Peng (NAMI Chinese, MHACC (Mental Health Association for Chinese Communities)), Liz Rebensdorf (NAMI), Linda Leung Flores (MHSA Senior Planner, BHCS) and Terri Kennedy (Administrative Assistant for MHSA Division, BHCS).

Phone-in participants: James "Scotty" Scott (Reaching Across)

ITEM	DISCUSSION	ACTION
Ice-Breaker and Introductions	<ul style="list-style-type: none"> There were many guests present in support of the Innovation projects that were to be presented who also participated in the introductions 	
Announcements	<p>(Guest) Desire J. Forte, The B.I.Z. Stoop Founder:</p> <ul style="list-style-type: none"> The B.I.Z. Stoop is currently offering \$1k grants for young people throughout the state of California who have an idea or early stage project that benefits community in a sustainable way (California Youth Rising Grant) 	<ul style="list-style-type: none"> Any Stakeholder committee members interested can email Desire directly at thebizstoop@gmail.com if you have other questions.
Presentations for FY 18-20 Innovation Proposal	<p>Linda Leung Flores provided copies of the PowerPoint presentation and introduced our presenters for 3 of our FY 18-20 INN Proposals:</p> <ul style="list-style-type: none"> Cannabis Policy and Education Project (TAY)- Patricia Lebron Emotional Emancipation Circles (TAY)- Shannon Singleton-Banks Introducing Neuroplasticity to Mental Health Services for Children (Children/Youth System of Care)- Catherine Franck 	<ul style="list-style-type: none"> FY 18-20 INN plans are posted for review and 30-day public comment. Comments period ends on May 13th, 2018 Comments can be made via email, comment box on MHSA website, or at the Mental Health Advisory Board meeting on Monday, May 14th.
INN Project Proposal Presentation- Cannabis Policy and Education Project	<p>Patricia Lebron, BHCS TAY Program Specialist:</p> <ul style="list-style-type: none"> This project is intended to be a "Public Health Lens" on the recreational use of cannabis It's geared at educating the TAY population and their families on cannabis and the effects it has on youth and young adults with serious mental illness The position of this project is neutral and will not promote nor deter recreational usage of cannabis, it is designed to educate Task forces have been/will be formed to include: <ul style="list-style-type: none"> BHCS, physical health, public health institute, law enforcement, school, cannabis industry, family advocates, consumer and Behavioral Health providers Task forces will develop public forms, evaluation tools of community impact, an educational campaign and advocate for the proper usage of tax revenue from 	<ul style="list-style-type: none"> FY 18-20 INN plans are posted for review and 30-day public comment. Comments period ends on May 13th, 2018 Comments can be made via email, comment box on MHSA website, or at the Mental Health Advisory Board meeting on Monday, May 14th.

<i>ITEM</i>	<i>DISCUSSION</i>	<i>ACTION</i>
	<p>recreational use in accordance with the bills passed</p> <ul style="list-style-type: none"> • They will also engage non cannabis users 	
INN Project Proposal Presentation- TAY Emotional Emancipation Circles	<p>Shannon Singleton-Banks, BHCS TAY Program Specialist:</p> <ul style="list-style-type: none"> • Emotional Emancipation Circles (EEC) was successfully piloted last year with a 6 session series in Alameda County. The EEC is about healing by following the 7 Keys curriculum. The intent of these sessions are for people of color to engage and get support in a culturally appropriate environment <ul style="list-style-type: none"> ○ This project will be modified from the pilot model to adapt to the needs of the TAY population • The sessions teach/develop and promote skills for coping with difficulties and trauma. The curriculum was developed in collaboration with the Association of Black Psychologists (ABPsi). There are 2 ABPsi members that will provide technical support to EEC facilitators • If approved, the project will roll out in September 2018. Each cohort will include 8-10 sessions, 90 minutes long, and will continue for 3 years. The target population is TAY ages 18-25 (up to age 30 if they are connected to the MH system by friend or family) • Participation is entirely voluntary • The model shows promise of running long-term, as participants can and often do become EEC facilitators • The TAY adaptation breaks focus into 3 pieces: Past, Present and Future. The past covers historical information, experiences and research, the present focuses on the events of “now”, and the future focuses the resources and plugging participants in to environments that cultivate growth • There is a debriefing and evaluation process for participants to complete after their sessions are over 	<ul style="list-style-type: none"> • FY 18-20 INN plans are posted for review and 30-day public comment. Comments period ends on May 13th, 2018 • Comments can be made via email, comment box on MHSA website, or at the Mental Health Advisory Board meeting on Monday, May 14th.
INN Project Proposal Presentation- Introducing Neuroplasticity to Mental Health Services for Children	<p>Catherine Franck, BHCS Clinical Manager, Children’s Services:</p> <ul style="list-style-type: none"> • This project involves integrating the practice called Holistic Approach to Neuro-Developmental Learning Efficiencies (HANDLE) into mental health services. This training would be ideal to roll out in schools, for people (teachers, staff, aides and parents) who work with children ages 5-12 to overcome behavioral issues • The model may later expand to include teenagers, but ideally starting in a single classroom setting, not a rotating class schedule 	<ul style="list-style-type: none"> • FY 18-20 INN plans are posted for review and 30-day public comment. Comments period ends on May 13th, 2018 • Comments can be made via email, comment box on MHSA website, or at the Mental Health Advisory Board meeting on Monday, May 14th.

<i>ITEM</i>	<i>DISCUSSION</i>	<i>ACTION</i>
	<ul style="list-style-type: none"> • Integration of HANDLE in Mental Health services is not well researched. This project would use HANDLE with children with trauma. They are working on getting a researcher for this project • This training would cover: <ul style="list-style-type: none"> ○ How to do interventions; there are over 150 different kinds of interventions (ex: Child with sensory sensitivity to touch due to abuse—have the child gently roll a ball up and down their arm to teach the brain that not all touch is a threat) ○ How to do assessments ○ Techniques to help children to re-train their brains to modify behaviors (use their tools) ○ “Better foods” guide for foods that feed your brain (benefits of more water, flax seed, oils, fish, etc. for your brain) • The model would have to work with the school-year calendar. They want to start with 200 kids for 4 months, having pre and post evaluations to identify progress and outcomes. They would be able to serve about 70 children/year • The children are identified and referred by teachers/staff, but the ultimate goal is to train teachers and staff on HANDLE so the program will continue • This project will roll-out in San Leandro and maybe later in Hayward, as they’ve expressed interest. San Leandro school district was easier to navigate, OSD has a lot more “red tape” as of now • Trainings would be available in English, Spanish and Chinese, with printed materials available multiple languages. Additionally, they would offer an advanced level training in the second year for more severe behavior • Training would be available to anyone who is interested and the training offers group facilitation tools and group activities for the classroom. This should help educate children in the classroom and reduce stigma 	

Next Stakeholder meeting: Friday, May 25th, 2018 from 2-4 p.m., Alvarado Niles Room.